



Strathblane Tennis Club

Coronavirus COVID-19

Covid restrictions have now been updated to comply with the most recent Government and LTA guidelines. All players and visitors are required to adhere to the following club guidelines:

COURTS/PLAY

- **DO NOT LEAVE YOUR HOME TO PLAY TENNIS IF SCOTTISH GOVERNMENT ADVICE MEANS YOU SHOULD STAY AT HOME BECAUSE YOU OR SOMEONE YOU LIVE WITH HAS OR HAS HAD SYMPTOMS OF COVID-19, OR YOU HAVE BEEN ADVISED TO SHIELD.**
- **AT ALL TIMES PLAYERS SHOULD ADHERE TO THE GOVERNMENT'S SOCIAL DISTANCING GUIDELINES** –defined as spending **no more than 15 minutes and not within a 2-metre distance talking to someone outside their own household**), including when arriving at and departing from a court.
- **DO NOT TRAVEL TOGETHER** unless you are part of a group residing in the same place
- **At all times** observe the Government's advised social distancing measures
- **No physical contact between players. No change of ends.** Take special care in doubles format.
- Players should **wash hands at home with soap and water for at least 20 seconds, and after a tennis session without exception** (or use an alcohol gel if washing hands is not possible)
- Players should **sanitise hands on arrival at the courts.**
- Clean and wipe down equipment, including rackets, courtside benches, cones. No racket sharing.
- **Avoid touching your face**



- Ideally, gates should be left open to avoid unnecessary touching of the latches.
- Both nets will be set at the correct height and should remain up to avoid members' use of winding handles

CLUBHOUSE

CLUBHOUSE ACCESS IS NOW ALLOWED, STRICTLY LIMITED TO THE FOLLOWING:

- **Clubhouse access to operate floodlights**
- **Clubhouse access for toilet facilities**
- **Coaching and committee members, to facilitate the running and management of the club**

The use of the clubhouse for these activities does however introduce risk, and members are asked to minimise the use of facilities as far as possible.

- **Only one person inside at a time.**
- Leave coats, bags etc.. **outside**
- **Hand sanitiser is provided in the clubhouse, and must be used on entry and exit. Warm water is available in the kitchen. The kitchen must not be used for refreshment/social purposes.**
- **TRY NOT TO TOUCH** door handles and other surfaces with hands. If you do touch a surface, you should wipe it down using the cleaning spray and kitchen towel provided.

COURT BOOKINGS

- Bookings are needed for all play
- There will no longer be a strict 15-minute social distancing gap imposed in the booking system, but all players are asked to finish their game promptly and leave prior to the next players arriving, to avoid crossover.
- Clubspark booking data will be used to comply with Test and Protect Scotland. We are required to provide the name, contact number, date of visit and time of arrival/departure of all those



attending the courts. Strathblane Tennis Club is obliged to capture this data for any main session booker. Subsequently that person should ensure they know who they played with, as they may later be required to provide these details if asked, for a period of up to 21 days.

COURT USAGE

- Both singles and doubles play is permitted with people from outwith your household. Players from different households can now form a doubles pair, and so doubles may be played between members of four different households.
- For doubles, to ensure compliance with social distancing, players should take mitigating actions to limit risk to the 2-metre rule being compromised.
- Visitors remain welcome, in line with the club's visitor policy. However, members should ensure that their guests are aware of this document, and that court usage rules are followed.

EQUIPMENT

- Players do not need to use their own marked tennis balls. However, if you choose to use shared balls, then extra care must be taken to ensure you do not touch your face during play. You should clean your hands before, and immediately after finishing play (use alcohol gel).
- Players should still avoid using their hands to pick up balls from other courts – use your foot/racquet to return them.

Finally, please take all waste and rubbish home with you to dispose of safely



For the latest guidance check the LTA website: www.lta.org.uk