

# LINLITHGOW SPORTS CLUB

## POLICY FOR THE USE OF CHANGING ROOMS REV 5

*Routinely, the changing rooms in Linlithgow Sports Club are for the use of Adult members and visiting Adult teams. Toilet facilities are a separate facility. Children (persons under 18yrs) should use the Committee Room to store outdoor shoes and clothing whilst they are using the Club sporting facilities.*

*Parent/Guardians may use their discretion if they wish to allow their child(ren) to use the changing rooms in their presence.*

*When the Club hosts organised activities for children, or where children play sport on an ad hoc basis, access to changing rooms may be needed, the following policy will be adhered to:*

Linlithgow Sports Club strives to ensure that all children are safeguarded from abuse and have an enjoyable sporting experience.

This document sets out the Linlithgow Sports Club policy for the acceptable use of their changing rooms.

1. Organised groups of children, including mixed gender groups\* will have sole use of changing rooms. This reduces any risks and potential vulnerability associated with mixing adults and children when changing and showering, also organised mixed gender groups will have sole use of separate changing rooms (Male and Female)
2. Under no circumstances will Club adult members, staff, or coaches change or shower at the same time as children using the changing rooms
3. A DBS/PVG checked member of staff or volunteer will wait outside the changing rooms to allow children to call for assistance if required.
4. Children who attend on an ad hoc basis, that is, not part of an organised group of children, cannot change and/or shower in the same changing room as adults and therefore must attend the Club changed and ready to play and leave the Club without using the changing rooms.
5. Mobile phones and other electronic devices must not be used in the changing rooms
6. Should the Club be made aware that a child or adult self-identifies as a gender that differs from the gender they were assigned at birth; the Club will work with them and their parents/carers (where it relates to a child) to make reasonable adjustments to changing arrangements to suit their needs (*NB. for more information on this please go to <https://thecpsu.org.uk/help-advice/topics/lgbtyoung-people-and-sport/>*).
7. Visiting teams/players need to be made aware of the above rules prior to the game, so that any children within their group, and their parents/guardians, are fully aware of this policy – See point 4
8. Children who participate in sport at the Club, and their parents/guardians, will be made fully aware of this policy.

\* An organised group of children, including a mixed gender group, is a group of children that have been allowed, by their Section Committee to compete, play, train, or be coached for either, a one off, or on a regular basis. Should these access arrangements affect other Sections of the Club and cannot be resolved informally between the Sections' Presidents, then the matter will need to be resolved by the Club Board of Management.

Adopted by Linlithgow Sports Club Committee on.10<sup>th</sup> February 2021