

THRAPSTON & DISTRICT TENNIS CLUB COVID MEASURES – 14th SEPT 2020

- THESE NOTES TAKE ACCOUNT OF THE LTA CHANGES ANNOUNCED ON 10th SEPTEMBER.
- THE CLUB OPERATES IN ACCORDANCE WITH THE LTA COVID-19 SECURE GUIDELINES.

PREPARATION

- PLEASE **BOOK A COURT IN ADVANCE** TO ENSURE THAT THE CLUB CAN SUPPORT THE NHS TRACK & TRACE SYSTEM IN THE EVENT OF A REPORT OF AN INFECTION.
- ONLY ATTEND IF YOU **FEEL FULLY FIT** (CARRY OUT A SELF-ASSESSMENT SYMPTOM CHECK).
- PLEASE BRING AND USE YOUR **OWN SANITIZER** (CLUB PROVIDES SOAP AND WATER ONLY).
- IF POSSIBLE, ARRIVE **READY TO PLAY**.
- LEAVE **PERSONAL POSSESSIONS** IN DIFFERENT AREAS OF THE COURTS.
- AVOID TOUCHING NET WINDERS. USE THE **BLACK 'TELL-TALE' MARKS** ON THE NET STRAP TO CHECK THE HEIGHT OF THE NET.

INFORMAL SOCIAL PLAY

- GROUP SIZE IS LIMITED TO A **MAXIMUM OF 6 PEOPLE** BY LAW.
- PLAYERS ARE **FREE TO SWITCH BETWEEN PARTNERS** IF MORE THAN 1 COURT IS IN USE BY THE GROUP.
- IF YOU CHOOSE TO USE SHARED BALLS, TAKE **EXTRA CARE NOT TO TOUCH YOUR FACE** DURING PLAY.
- YOU SHOULD **CLEAN YOUR HANDS BEFORE AND IMMEDIATELY AFTER** FINISHING.
- IF BALLS FROM AN ADJACENT COURT STRAY ONTO YOUR COURT, **AVOID HANDLING THEM** (USE ONLY THE RACQUET OR A FOOT).

LADIES' NIGHTS/MEN'S NIGHTS/CLUB NIGHTS

- THE **MAXIMUM CAPACITY IS SET AT 16 PLAYERS** AS DETERMINED BY THE CLUB'S RISK ASSESSMENT AND EVENT DELIVERY PLANS.
- ATTENDANCE MUST BE NOTIFIED **IN ADVANCE**.
- EACH PERSON CAN **INTERACT WITH UP TO 5 OTHER PLAYERS** DURING THE EVENT.
- AS BALLS ARE SHARED, TAKE **EXTRA CARE NOT TO TOUCH YOUR FACE** DURING PLAY.
- **AVOID HANDLING BALLS** FROM THE ADJACENT COURT IF POSSIBLE.
- YOU SHOULD **CLEAN YOUR HANDS BEFORE AND IMMEDIATELY AFTER** FINISHING.

COACHING

- COACHING **LIMITS AND RULES** ARE SET BY R2R COACHES IN ACCORDANCE WITH LTA GUIDELINES.

SPECTATORS/GUESTS

- **SPECTATORS** SHOULD BE OFF-COURT AND LIMITED TO **ONE PER PLAYER** WHERE POSSIBLE.
- MEMBERS MUST ENSURE THAT THEIR **GUESTS ARE PROPERLY SUPERVISED AT ALL TIMES**.

ADDITIONAL NOTES

- TOILETS ARE OPEN. PLEASE **OBSERVE THE WARNING** SIGNS POSTED ON THE DOORS.
- SHOWERS SHOULD NOT BE USED.
- CLUBHOUSE SITTING ROOM/KITCHEN ACCESS IS **RESTRICTED TO COACHES** ONLY.
- BENCHES ARE **NOT TO BE TAKEN** ONTO THE COURTS.
- CAPACITY OF THE VERANDA IS **LIMITED TO 6 PEOPLE**.