

## ADULT GROUP COACHING AT TWICKENHAM LTC

## \*\*\* <u>WEDNESDAYS</u> : 10.30 - 12 DOUBLES SKILLS DRILLS & COMPETE (COURTS 1 & 2)

\*\*\*\*\*<u>SUNDAYS</u>: 9 – 10.30 WE WORK ON SPECIFICS IN BOTH SINGLES AND DOUBLES INCORPORATING TECHNICAL & TACTICAL DELIVERY (COURTS 1 & 2)

NO NEED TO BE A CLUB MEMBER TO ATTEND THESE SESSIONS FOR MORE DETAILS CONTACT OUR HEAD OF COACHING ANDREA COSTELLO AT <u>ZIPPYCOSTELLO@YAHOO.CO.UK</u> OR TEXT HER ON 0774 7108131

