

Coaching Programme

at Llantwit Major Tennis Club

- Weekly Coaching for Children & Adults
- Private Coaching
- New players always welcome
- Learn new skills
- Meet new people
- Get active & stay healthy

Book your place online at:

valetennisacademy.co.uk

or call **07909 987359**

Vale Tennis Academy are coaching providers based around the Vale of Glamorgan. All our coaches are LTA qualified, DBS checked and First Aid trained.



Get a grip of tennis with
VALE TENNIS ACADEMY



Coaching Programme

at Llantwit Major Tennis Club

Sessions follow school term times. Evening classes run in summer terms only. Our term time sessions are only open to members of LMTC. However, non-members are welcome to try out our programme for 6 weeks before joining. **Visit llantwittennis.co.uk to join today.**

Term Time Coaching Sessions

Session	Day	Time	Weekly
Adult Coaching	Thursday	2:00pm - 3:00pm	£5
Mini Red Beginner's Coaching (4-7yrs)	Thursday	4:00pm - 5:00pm	£5
Mini Orange/Green Coaching (8-11yrs)	Thursday	5:00pm - 6:00pm	£5
Mini Red Beginner's Coaching (4-7yrs)	Saturday	10:15am - 11:00am	£4
Mini Orange/Green Coaching (8-11yrs)	Saturday	11:00am - 12:00pm	£5
Junior Coaching (11-16yrs)	Saturday	12:00pm - 1:00pm	£5
Adult Coaching	Saturday	1:00pm - 2:00pm	£5

Term Dates

**Note that evening classes only run during Summer and Autumn terms.*

Term	Starts	No. of weeks	Term	Starts	No. of weeks
Autumn 1*	Mon 9th Sept	7	Spring 1	Mon 24th Feb	6
Winter 1	Mon 4th Nov	7	Summer 1*	Mon 20th Apr	5
Winter 2	Mon 6th Jan	6	Summer 2*	Mon 3rd June	7

Private Coaching

Coach & Contact	Level	Accreditation	1 hr	45min	30min
Rob Blackiston—07956 079938	3	Accredited	£18	£15	£10



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