



JUNIOR COMPETITION COVID 19 GUIDELINES

- 1. Self assessment:** Anyone attending a competition in any capacity should undergo a pre-attendance self-assessment for any COVID-19 symptoms using the information on the NHS website before leaving home. No-one should leave home to participate in tennis if they, or someone they live with, has symptoms of COVID -19, currently recognised as any of the following: - a high temperature - a new, continuous cough - a loss of, or change to, their sense of smell or taste. Should an individual have demonstrated any such symptoms, they must follow NHS and PHE guidance on self-isolation.
- 2. Maintaining social distancing:** social distancing should be observed by all those attending the competition. Participants are advised to limit their interactions with anyone outside of those they are competing (e.g. players on other courts).
- 3. Players** should not congregate on/around the court before & after play. There should be no skin to skin contact for players. Racket taps are allowed but shaking hands or elbow alternatives are not permitted.
- 4. Parent/Guardians:** Where attendance of a parent/guardian (non-participant) is required, or a carer for a disabled player, it is permitted, but should be off court. Where possible, players should be restricted to one non-participant and, where possible, dependants should not be brought along. Supporters, parents, and other spectators should remain socially distanced whilst attending events. Spectator groups must be restricted to discrete six person gathering limits and spread out, in line with government guidance. Spectators should not congregate in the clubhouse.
- 5. Rain delays:** In the event of rain, attendees should use an umbrella or if they drove, return to their own vehicle, to maintain social distancing if there is insufficient outdoor cover from the rain to maintain social distancing. Attendees should not gather indoors to shelter.
- 6. Equipment:** Players are advised to bring and use their own equipment – where any equipment is shared it should be subject to thorough cleaning measures between use. Extra care must be taken to ensure the players do not touch their faces during play, and anyone involved in the match should all clean their hands before the match and immediately after finishing (use alcohol gel if required). **Please bring your own personal hand sanitiser.**
- 7. The clubhouse** is open only for toilet facilities & drinking water.