

TENNIS *Xpress*



for adults

- For beginners and those returning to the game
- 6 week course
- Wednesday evenings
- Booked on the LTA Clubspark website

Tennis Xpress is a six week fun and social group coaching course which helps adult beginners to get into or return to tennis.

It teaches the foundations of tennis using a variety of ball types and court sizes making the game easy and fun enabling you to gain confidence and enjoy mastering the basics.



To find out more and book your course, go to:

www.clubspark.lta.org.uk/rally/tennis-xpress

Or contact Mark Howard at 01438 717990 or 07941 158 153

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TENNIS CLUB