

SATURDAY MORNING COACHING

Last session: 13 July
Restarts: 14 September

CARDIO TENNIS

Starts Thursday 5 September
9.30 . 10.30am



RACKET RESTRINGING

Ask Mark for more details

ADULT/JUNIOR SQUAD COACHING

Starts Monday 9 September
New Junior Matchplay practice on
Friday evening (see notice board)

Welwyn JUNIOR OPEN TOURNAMENT

Wednesday 21 . Saturday 24 August

Events: Singles & Doubles

8 & Under 9 & Under
10 & Under 12 & Under
14 & Under 16 & Under

Enter online Code: HER 19S0099



SUMMER HOLIDAYS 2019

E V E N T S

JUNIOR & ADULT

E V E N T S

Ottway Walk, Welwyn, Herts AL6 9AT
Coaches Office: 01438 717990 / 07941 158153
email: markhoward.tennis@gmail.com

SUMMER HOLIDAYS 2019

COACHING COURSES

MINI RED CAMP

Age: 4 – 8 years old

Wed-Thur 24 – 25 July Wed – Thur 14 – 15 Aug

Wed-Thur 31 July – 1 Aug Wed – Thur 21 – 22 Aug

Wed-Thur 7 – 8 Aug Wed – 28 – 29 Aug

Time: 9am – 12:00 noon

Cost each day

Member £18 Non-member £22

This camp is ideal for all standards as players will be divided into appropriate levels. The sessions will include racket and ball skills, co-ordination and movement and teaching of strokes for new players. For players who can rally and play the game, teaching will include technique on strokes, tactical drills for singles and doubles play, movement, playing points and fun games such as 'catch-out', 'killer' etc.

MINI ORANGE CAMP

Age: 7 – 11 years old

Wed-Thur 24 – 25 July Wed – Thur 14 – 15 Aug

Wed-Thur 31 July – 1 Aug Wed – Thur 21 – 22 Aug

Wed-Thur 7 – 8 Aug Wed – 28 – 29 Aug

Time: 9am – 3pm

Cost each day

Half Day 9-12noon: Mem £18 Non-mem £22

Full Day 9-3pm Mem £30 Non-mem £34

The sessions will include teaching of strokes, tactics, movement, matchplay and fun games including 'killer', 'catchout', 'round the world' and many more.

MINI GREEN CAMP

Age: 8 – 12 years old

Wed-Thur 24 – 25 July Wed – Thur 14 – 15 Aug

Wed-Thur 31 July – 1 Aug Wed – Thur 21 – 22 Aug

Wed-Thur 7 – 8 Aug Wed – 28 – 29 Aug

Time: 9am – 3pm

Cost each day

Half Day 9-12noon: Mem £18 Non-mem £22

Full Day 9-3pm Mem £30 Non-mem £34

The sessions will include teaching of strokes, tactics, movement, matchplay and fun games including 'killer', 'catchout', 'round the world' and many more.

CLUB CAMP

Age: 8 – 12 years old

Wed-Thur 24 – 25 July Wed – Thur 14 – 15 Aug

Wed-Thur 31 July – 1 Aug Wed – Thur 21 – 22 Aug

Wed-Thur 7 – 8 Aug Wed – 28 – 29 Aug

Time: 9am – 3pm

Half Day 9-12noon: Mem £18 Non-mem £22

Full Day 9-3pm Mem £30 Non-mem £34

The group will be divided into standards and the sessions will work on technique, tactical drills for singles and doubles, timed matches and fun games

INFORMATION FOR CAMPS

Please provide drinks, packed lunch and suitable clothes for all weathers.

Red Players (8 & under) 9 – 12 noon only, unless agreed with coaches for full day.

Camp Timetable:

9 – 12 noon Tennis

12 – 12.45 pm Lunch

12.45 – 2pm Tennis/Matches

2 – 3pm Tennis/ Multi Sports

Our Team of coaches are available for individual lesson for Adults & Juniors during the holidays

Name:

Email: *(print clearly)*.....

Tel:Mob: Date of Birth (U18):

Course names and dates:

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Total cost:

Cheques payable to Mark Howard or ...

Online payment: Sort Code 30-97-25 Acct. No. 00665118 Ref. *Camp*

PLEASE BOOK IN ADVANCE FOR ALL EVENTS:

10% off camps if you book & pay before Sunday 21 July!

Without pre-booking, camps may not run if demand is not sufficient