

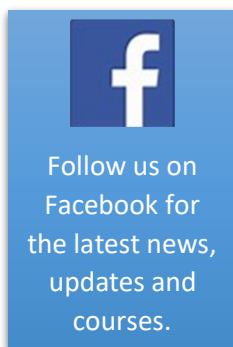
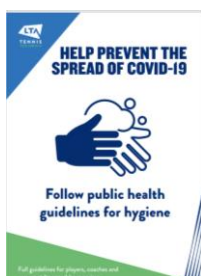
WE'RE OPEN!

On Monday 29th March 2021, Wollaton Village Tennis Club re-opens and welcomes back its existing members...and over 100 juniors who have signed up for an exciting programme of activities for different age groups on Mondays, Tuesdays and Fridays.

STAY SAFE

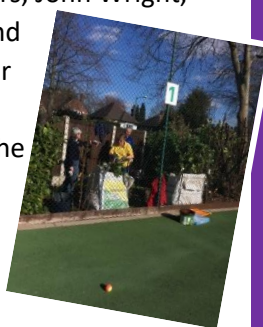
When coming to the Club to play or to supervise your children during coaching sessions, please follow the LTA and Government rules:

- **Tick the register** at all Club sessions or **book online** for pre-arranged play with others (e.g. box league matches).
- **Clean your hands** using the sanitiser provided.
- Follow **social distancing** rules.
- **No socialising** before, during or after play.
- **No spectating.**
- **Only one household** allowed in the **pavilion** at any time and for **toilets** and **emergency use** only.
- **Stay at home** if you have any COVID-19 symptoms.



SPRING CLEAN

Many thanks to Anne & Philip Lowe, Eric & Linda Green, Nigel & Carolyn Akers, John Wright, Cliff Phillips and Tony Walsh for all their hard work tidying the grounds and pavilion...and to Steve from Tennis Court Surface Solutions who spent 3 days pressure washing the courts.



WINNERS

Congratulations to Club Captain and Head Coach Izzy Bramhall and Head Coach Izzy Bramhall for winning the Notts LTA **2020 Volunteer of the Year Award** in March and to Lisa Stapleton who won our newsletter naming competition with **The Wollaton Advantage**.



Club Sessions

Monday

4:00-8:00 Junior Coaching

Tuesday

3:45-6:00 Junior Coaching
5:30-7:00 Ladies' 1st Team
7:00-9:30 Ladies' Social Play*

Wednesday

2:00-5:00 Adult Social Play*
6:00-9:30 Men's Social Play*

Thursday

2:00-5:00 Adult Social Play*

Friday

4:00-5:30 Junior Coaching
7:00-9:30 Adult Fun Social*

Saturday

1:00-2:00 Adult Drop-in Coaching
2:00-5:00 Adult Social Play*

Sunday

10:00-2:00 Team Players – please ask for further details

*ALL WELCOME – just turn up at the sessions marked * and tick the register there.

To play at other times, please book online on our website (BOOKING tab) up to 7 days in advance to guarantee a court.

pdhsports.com
PLAY LIKE A CHAMPION.

Welcome to our partners PDH Sports who are offering 5% off their sports goods to WVTC members. Click [here](#) or quote WOLLATONTC at the checkout.



COACHING NEWS

Joining **Izzy Bramhall**, we welcome to our coaching team **Ben Stuchbury**, an LTA qualified coach studying at Nottingham Trent Uni. He has the latest training in the technical areas of tennis and has played for Warwickshire.



We also welcome **Gordon Fearn**, an LTA qualified coach and highly regarded multi-skills tutor who has coached at World Champion and Paralympian level and **Jason Kilkie** who is an LTA qualified coach with 13 years' experience, especially with children's group coaching.

Ben's April Coaching Tip: *Play through the contact of the ball with a relaxed swing of the racket, rather than tensing up at the point of contact.*