

Club Newsletter Summer 2019

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First Wylamdon summer tournament a success

Inspired by the magnificent tennis on display the summer in SW19, the club hosted its own (slightly smaller!) event on a lovely sunny day in July. The tournament was a doubles round robin with each player playing with each of the other players once and against each of the other players twice.

There was some great match ups across the eleven (!) rounds and it was great to see a real cross section of the membership taking part. Well done to Claire and Julia who just pipped Gill to come in joint first place for the ladies. Sandy, Tim and James took third, second and first place for the men. Thanks to everyone who took part!



If you want to get involved in some friendly tournament play keep an eye out for future events, the clubs main tournament will be later in the summer (after the schools go back), put your name into the hat to get your name on the club silverware.

Club Singles Ladder



Do you want to play some friendly singles matches? Why not get involved with the club ladder! The ladder is open to ladies and men. When you join you start at the bottom so developing players get the chance to play each other first before trying to rise up to the top of the pile!

The ladder champion will be crowned at the Christmas party so if you want to get your name on the trophy you had better get going!

If you want to get involved check out the info on the club website: www.wylamtennisclub.co.uk/tennis_ladder.php or ask about it on the club Whatsapp group!



Meet your coaching team

The club is delighted to have three excellent coaches. In this newsletter we are getting to know our newest coach; Laura Featherstone.



Laura gained her level 2 tennis coaching qualification in 2018. Since then she has been coaching at both Wylam and Corbridge Tennis Clubs. Laura's lessons focus on learning correct techniques to lay the solid foundations, helping players to improve and enjoy their game. As a junior and senior tennis player, Laura represented Shropshire and the West Midlands giving her many valuable learning experiences. She now translates this knowledge into her lessons to help players achieve their goals.

Laura is also qualified in delivering cardio tennis fitness classes. These classes aim to deliver a fun, sociable group fitness whilst bouncing to the beat of motivating music. Laura welcomes adults of all ages and abilities to these classes (further details of the classes are provided in the advert included on the next page of this newsletter).

Alongside tennis coaching, Laura balances a part time Orthopaedic Physiotherapy career whilst also being a mother to her baby daughter. Laura's physiotherapy experience has provided insight and passion in to injury prevention and health and wellbeing in the tennis setting. Laura prides herself on being an approachable, enthusiastic coach and is dedicated to welcoming players of all abilities and ages.

If you require any further information please contact Laura on:
Telephone – 07731754420 Email – ldenny@hotmail.com

Meet your committee team

As a small, local tennis club we rely on our members to help with day to day running of the club. Everything from responding to messages of interest on Facebook and organising open days, to keeping up with the relentless task of mowing the lawns and organising fixture schedules is done by a small group volunteers.

Our committee meet regularly to discuss club finances, events, membership prices and plans for the future. There are several key roles in the committee but arguably the most important is the position of club safeguarding officer. Angela James has been the clubs safeguarding officer for the last few years and she works hard to ensure all of our juniors can enjoy their tennis in a safe and friendly environment.

If you have any questions, queries or concerns about safeguarding please get in touch with Angela. The club also has a safeguarding policy which is displayed in the clubhouse and is on the clubs website at <https://www.wylamtennisclub.co.uk/rules.php>

If you want to find out more about how the club is run or think you can help the committee please do get in touch with the club Chairman, James Mackay (07974 077846).

New Balls Please!

When you come up to play at the club, please feel free to use the balls in the big black tub just inside the clubhouse. Once balls are worn out they should be put in the second black tub for recycling. The club use new balls for matches and captains will leave these in the main clubhouse so they can be used for club play sessions too.





HEART PUMPING FITNESS

Get fit with this fun, exciting group exercise
Bounce to the beat with motivating music
Burn over 600 calories in a 60 minute session
NO TENNIS SKILLS REQUIRED

BENEFITS INCLUDE:

Reduce body fat • Decrease stress • Improve self confidence
Lower resting heart rate • Full body workout • Improve emotional health



6.30pm to 7.30pm, every Tuesday during term time
at Wylam Tennis Club, Elm Bank Road, Wylam
(Members £4.50 Non Members £6.00)

To book contact Laura on 07731 754 420 or email ldenny@hotmail.com

A NEW TENNIS INSPIRED FITNESS CLASS



What's on at WTC

The club has a busy schedule of weekly activities as set out in the table below. Outside these hours, members can come up and will usually find at least one court free. If you are at the club at a busy time please keep an eye out for people waiting to come on and look to rotate on & off so everyone gets the chance to play.



Day	Activities
Monday	15:30 – 20:00 Junior and Adult Coaching*
Tuesday	18:30 - 19:30 Cardio Tennis* 19:30 onwards Club Night (mixed)
Wednesday	18:30 - 19:30 Junior Coaching* 19:30 onwards Ladies Night
Thursday	20:00 onwards Men's Night
Friday	
Saturday	
Sunday	10:00 onwards Club Play Mixed

* Please note that some activities are term time only.

If you come up on nights when the courts are booked for the activities above then please join in but bear in mind that during busy times all three courts will be in use (so if you want to arrange a singles match with a friend during these times then please feel free, but be ready to give way to the scheduled activity if needed).

Chairman's update

It's hard to believe that court resurfacing project was completed 16 months ago, the time has flown and the courts still look brand new!

After a busy summer of events (thanks ever so much to those that helped, particularly Kathy, Dan, Julia, Angela, Bob, Claire, Liz, Laura, Tom and Colin for helping make the events a great success!) the committee are turning their attention to what projects we should tackle next!

Options could include: refurbishing the clubhouse, upgrading the floodlights, buying a ball serving machine, looking at parking options. This is one of two topics at the next committee meeting so if you have ideas, suggestions or want to help please come along. We are meeting at 8pm on the 5th August at the Fox and Hounds pub.

Membership update — magic 100!



The club now has 100+ members which represents an increase of ~25% on last year. Thanks to Kathy who is doing such a great job as membership secretary!

Spread the word!

Many of our newest members have joined after being told about club by a friend.

Do you know someone who would love cardio tennis or a knock on a Sunday morning? Why not let them know? They can find the club by searching for 'Wylam Tennis Club' on google or Facebook.



Questions, ideas, suggestions?

Please get in touch with a member of the committee!