

Adults only - Open **Day at Royal** **Wootton Bassett** **Tennis Club**



Sunday 3rd October 10:00am – 12:00noon

(Back up date of Saturday 16th October 1 – 3pm in the case of adverse weather)

About the day

A great opportunity for adults to join cardio tennis sessions, to get on court or just to come and find out about your local tennis club. Membership offers will be available. All equipment provided.

Cardio Tennis

Cardio Tennis is a fun, sociable group fitness class set on a tennis court and open to people of all ages and abilities. Supported by motivating music and qualified instructors, you'll get to hit lots of tennis balls during your class and have a great cardio workout at the same time.

Free Play

If you don't fancy a coaching session why not just try out our new facilities. You can book a slot on one of the courts for free.

Register here: clubspark.lta.org.uk/rwbtc/events

Gerard Buxton Sports Ground, Brinkworth Road, Royal Wootton Bassett, Swindon, Wiltshire, SN4 8DS